

## ELEMENTAL NATURE

---

A customized massage experience based upon the Aveda Elemental Nature Philosophy and your favorite Aveda aroma. Depending on your needs, a variety of massage techniques will be utilized including but not limited to relaxation and reflexology.

110	MINUTES	\$189
80	MINUTES	\$149
50	MINUTES	\$99
25	MINUTES	\$49

## STRESS-FIX

---

The Stress-Fix™ aroma is clinically proven to relieve feelings of stress. The aroma is formulated using the power of pure essential oils, including essences of lavender, lavandin and clary sage from organic farms. Using a combination of therapeutic, relaxation and foot reflexology techniques, stress held within the body melts away.

110	MINUTES	\$195
80	MINUTES	\$169
50	MINUTES	\$115
25	MINUTES	\$65

## COUPLES

---

Our couples massage is designed to bring you and yours together. Relax, unwind, and use this time to renew and reconnect with your loved one. After a thorough consultation, your massage therapists will provide you with the best combination of massage techniques, which can include relaxation, therapeutic, foot reflexology, and acupressure- the possibilities are limitless.

110	MINUTES	\$390
80	MINUTES	\$340
50	MINUTES	\$230

